

GRAPESVINE

VISITACION VALLEY

VOL 1, NO 5

SERVING OUR COMMUNITY

DECEMBER 1986



SEASONS GREETINGS FROM S.F. FOOD BANK STAFF AND VOLUNTEERS
-PHOTO BY JAMIE TANAKA

Food for the People is Food Bank's Goal

The San Francisco Food Bank salvages vast quantities of edible but unsellable food that otherwise would be discarded by the food industry. At the Bank, itself, food is sorted and warehoused, and inedible food is discarded. The Bank then distributes the food to community service agencies at a very low cost.

There are two distribution

sites in Visitacion Valley: Sunnyside Apartments and the Community Center where thousands of pounds of good, nutritious food is distributed to low income families weekly.

The Food Bank relies heavily on volunteer labor, as do the distribution sites. At the Food Bank the Volunteer program gives meaningful work and job

Continued on Page 4

Teenage Pregnancy Epidemic, Part 2

By Nancy Kerns

Determining and implementing solutions for high teen pregnancy rates (and the often accompanying problems: high rates of school drop-out, welfare recidivism, and despair) can be difficult, partly because there are so many factors that contribute to the problem. But there are resources that teen parents and expectant teens should take advantage of, in order to be better informed about their options.

The Balboa/San Miguel Infant Center at Balboa High School is a one-of-a-kind institution in San Francisco. It is operated by the Family Service Agency of San Francisco Developmental Services Department in cooperation with the S. F. Unified School District.

The Center's goals are many. They seek to provide an environment where teen parents and expectant teens can be educated in parenting, and the teen's babies will be provided with on-campus quality day-care.

They also seek to provide a supportive program that will help the teens facilitate the positive growth, development, and self-concept of themselves and their children.

Students enrolled in this program spend most of their day at school with all the other students, and then spend a couple of hours in the Infant Center, where they take a Parent Education Theory class, and help take care of their children, and the 14 or so other infants that have teen parents attending the program.

Carol Eshleman is the supervising Head Teacher of the infant Center. A relaxed and warm person, she answers questions about the Center directly. For her, the most valuable aspects of being involved with the Center are twofold. "I definitely enjoy working with the infants; they're a lot of fun. But I think the best thing has to be that the teens get to be with other people in the same situation, and get to finish high school."

Continued on Page 5

A Profile of Schlage Lock Company

Big Business in Visitacion Valley

Taken from the beginning, the life story of Walter Schlage is a fascinating highlight in the saga of American industry.

Walter Schlage's first invention, which he patented in 1909, was a door lock that turned lights on and off. This with other locks of his invention, caused considerable interest in the electrical and hardware fields, and in 1920 Mr. Schlage decided to start a small manufacturing company to commercialize

some of his devices. Little did he realize that this early effort was to be the forerunner of the great Schlage Lock Company, one of the largest producers of door locks in the world.

Educated in Germany at the famous Zeiss Technical college, Schlage travelled widely coming to San Francisco in 1905. By 1921, Schlage outgrew his plant on Minna Street and moved to larger quarters on Shotwell Street where he began

Continued on Page 3

New RV Park Planned

The Planning Commission recently gave its approval for a three-acre 150-stall recreational vehicle park to be located on the eastern side of Candlestick Park.

The developer is Chu Fung, a Polk Street variety-store operator, who anticipates it will take about a year to construct the parking facility which will

include water hookups, sauna, showers and toilets.

The site, adjacent to the new Candlestick Point State Park, previously was used as a dumping ground for abandoned cars.

Two other RV parks in San Francisco are located at Fourth and King Streets near the CalTrain depot and at Hunters Point.

CENTERVOICE

By Julia Kavanagh

Congratulations to S.F. Litter Patrol

Because above all, the Community Center aims to improve the quality of life for the families of the valley, I'd like to use this space to recognize and thank some folks who may have saved a life or two in our neighborhood this past month.

On November 6th, as I drove down Visitacion Avenue from Mansell, I noticed a huge pile of auto wheels and tires that had been dumped in the parking lot up in the park. As there were probably two hundred wheels there, I must assume that the dumping was done by a gas station or garage.

Someone had already rolled three or four wheels down the hill where they came to rest on the road below. If they had hit a moving car while careening down that steep hill, someone could have been killed. I called the Police Department and they referred me to some really great folks...the San Francisco Litter Patrol!

As you know, there are lots of complaints about public servants. I must admit, I've had some too. This group, however, had a

man up on the hill by the time I reached them on the phone. They secured the area, and by the next morning every single wheel was gone. Thanks to their quick response, the danger was over. Those tires looked like a fun game to anyone who might not think of the consequences of rolling them down the hill. I could understand a young person wanting to play with them in that way...but think what could have happened!

Shame on the person or persons who dumped those wheels. They most certainly had to have been adults and they should have known better than that.

Congratulations, San Francisco Litter Patrol on a difficult job well done, and thanks on behalf of all of us.

We, at VVCC, want to wish all the readers of the GRAPEVINE a very happy Holiday Season. We're thankful to be able to serve you all year round. Please watch for our program announcements, and join us for education, entertainment, health and all the other benefits and services we offer.

Rare Species Under Attack

Dear Editor:
Mitigation on San Bruno Mountain under the Habitat Conservation Plan is still allowing RARE AND ENDANGERED SPECIES HABITAT to be destroyed. Rare and endangered species are being killed.

Thomas Reid & Assoc., hired by the developers to conduct biological studies, also were part of a strategy team to advise the landowner on ways to cope with the presence of endangered species. In addition Reid & Associates wrote the biological opinion which helped formulate the San Bruno Mountain Habitat Conservation Plan, and is now being paid by San Mateo County to monitor the implementation of the controversial mitigation plan.

Independent entomologists have determined that:

- 1. 70% of the data was in some way suspect.
 - 2. In a high percentage of the handles, the sex of the Mission Blue was misidentified.
 - 3. Recapture rates were less than 10%, making the population estimates uncertain and tending to inflate overall numbers.
- Only two butterflies, one listed and one candidate,



DIGGING AT CARTER STREET ON SAN BRUNO MOUNTAIN
-PHOTO BY MIKE WARNER

were studied. None of the other species of concern received significant attention. In the case of the twelve rare plants, it is only through the HCP developed prior to issuance of permits that any protection can be afforded them under federal law.

Please join us to save San Bruno Mountain. Call 467-6631.

David Schooley
BAY AREA MOUNTAIN WATCH

San Francisco Community Music Center offers quality, affordable lessons for all ages. For a catalog of classes call 647-6015. Registration of new students begins January 2nd & 3rd.

Speaking of Health

Methods to Reduce Holiday Stress

By Jacqueline W. Wasserman, RN, FNP

Stress is a phenomenon that effects the lives of all of us. It can result from positive experiences as well as negative experiences. The sight of a beautiful sunset or the reunion with a close friend can cause stress. More negatively however, the loss of a job or the death of a loved one may have a greater impact. The impact of any stress has its effect physiologically as well as psychologically. Tension resulting in a headache, backache, or stomach ache can be the result of stress. Loss of appetite, as well as overeating can be one way a person deals with stress. Each of us has a different way of absorbing stress in

our lives. It is important to recognize for yourself how stress may effect you.

The next month is considered to be one of the most stressful times of year. It is a time when exchanging gifts, having family reunions, meeting the demands of the holiday season may be overwhelming. It can be a joyful time. It is also a time when we might spend more money than we have, eat or drink more than we should, or feel pressured to go beyond our usual limits. The holidays can also be a time when we feel the expectations to be happy, although we may not feel that way. It may be a time when we feel most alone. In order to enjoy ourselves

and reduce negative stressors, it is important to identify those factors that are the most stressful. Is a large family reunion overwhelming? It may be possible to set a limit for yourself and agree to visit only for a few hours. Are you alone with no plans on how to spend Christmas Day? Ask around and see if there is a church function or an acquaintance you might spend time with. Is your budget limited and you can't afford expensive gifts? Try to be creative; baked goods are always well-received. The idea is to plan ahead, think through what will make you feel relaxed and happy, and then act on it. Have a Happy Holiday Season!

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VISITACION VALLEY

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Big Business in Valley

Continued from Page 1

production of Schlage's famous push button lock which was to revolutionize the art and method making door locks throughout the world.

In 1926, Charles Kendrick

Free Headstart Services

In San Francisco, Head Start serves 900 children either in 1/2 day classroom centers or in the Home-Based option. Services are free to low income families with children between the ages of 3 and 5.

Call to enroll your child. In Bay View at 826-5300 Home Based Program at 285-8456 Head Start Central Office at 431-9424.

MERCHANTS HOLIDAY WINDOW DECORATION

We are having a contest in our business area to see which merchant has the most attractive "Holiday " window. Local high school art students will help.

There is no charge to a merchant for having their window decorated. Grapevine newspaper will give a free 1/2 page ad to the winning merchant.

Merchants who want their windows decorated should contact Fawzi Kaddoura at Valley Super Market 239-7520 for more information regarding the use of the art classes. The windows will be judged on Saturday December 20th.

joined Schlage, lending his fine business management skills to a floundering company. Kendrick became President of Schlage Lock Company and for some twenty years, Kendrick and Schlage worked closely together as a team.

During World War II, Schlage converted to the making of munitions. The company continued to grow, absorbing small hardware and lock manufacturers along the way until at the 50th Annual Meeting in 1974, Schlage merged with Ingersoll-Rand Company, forming a strong relationship which still exists today.

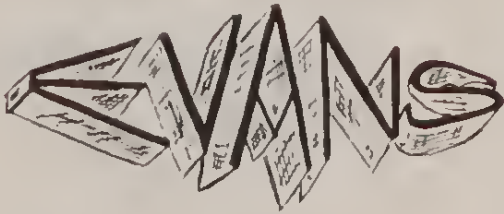
It was on Friday, June 25, 1926, that the first unit of the present plant at 2201 Bayshore Boulevard was completed and formally dedicated. The Company's headquarters and main production facilities are still located on this two and a half acre site. Many people in Visitacion Valley recall watching the Schlage plant grow.

Samuel Grant and Debra Etienne contributed to this story.

IN THE JANUARY ISSUE, YOU WILL MEET SHIRLEY MYNATT, FLORENCE PORTER, ALAN MORANTE AND OTHER INTERESTING SCH LAGE LOCK EMPLOYEES WHO LIVE IN VISITACION VALLEY



SEASON'S GREETINGS TO ALL

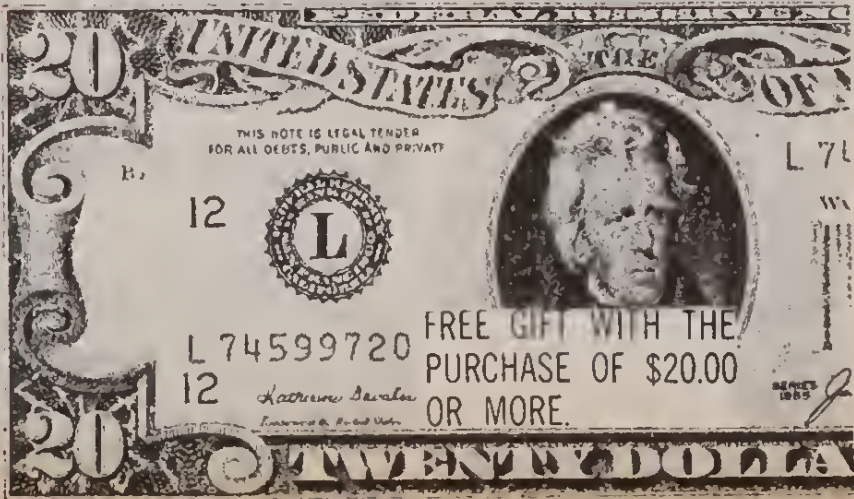


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SCHINDEL REALTY

Food Bank

Continued from Page 1
experience to young people, retired people and individuals in vocational rehabilitation programs. Volunteers receive 20 pounds of food for each three hours worked in exchange for their contribution.

Hunger and food waste are growing problems in the United States, and San Francisco is no exception. In America, hunger is related mostly to poverty, as opposed to drought, as in Africa, and San Francisco has a large and growing number of poor people. It is estimated by the Mayor's Task Force on hunger the 91,109 persons in San Francisco live below the poverty line (\$10,178 annual income for a family of four). An additional 69,755 persons live so close to "official poverty" that obtaining food is an active and ongoing struggle.

In contrast to this portrait of hunger in the midst of plenty is the staggering amount of waste found in America's food production and distribution system. The U.S. Department of Agriculture estimates that 137,000,000 tons of food produced each year are wasted. This is twenty percent of the nation's food supply.

Complex marketing, consumer and governmental forces shape the industry — and much good food cannot be sold. Price supports and marketing orders, strict standard of uniformity in weight and appearance, are contributing factors to having food removed from the retail shelves. Sometimes, for promotional purposes, more goods are produced than can be sold. Often foods, which have reached their expiration dates, are still appetizing and edible.

Often if a case of food is carelessly dropped and one can or jar is damaged, the whole case is discarded. This phenomenon occurs by

the case, by the truck load, and even by the train load.

The Food Bank collects and distributes such goods to the people and programs who need them.

Every year the number of families requesting food for the holidays increases. The Food Bank is already receiving calls each day from people who would like to give their families, if not a bountiful table, at least an adequate feast for holiday celebration. When most San Franciscans are wary because of the overload of calories during the Season, some families would just like to have something special on the table.

Several food drives are

happening this December which will benefit the people of San Francisco. They are: The Food for Christmas Foundation, the charitable giving arm of Temporaries, Inc., a personnel placement corporation, which sponsors a food collection drive in San Francisco Public Schools.

Our own Visitacion Valley Elementary School is a collection site. Safeway Stores have Food Bank bins and are promoting a giving campaign throughout San Francisco. Last week, KPIX & KCBS and the San Francisco 49ers had a food collection drive at Candlestick.

However, the San Francisco Food Bank does

not operate on bread alone. Everything costs money - trucks, gas, rent, gas and electricity, and most important - people who make the food bank run.

The Food Bank needs your support. The month of December is designated as a fundraising month and your donations to the Food Bank would be appreciated not only by the Staff and Volunteers but by the thousands of people who will receive their services. Send your donation to THE SAN FRANCISCO FOOD BANK, 333 ILLINOIS STREET, SAN FRANCISCO, CA. 94107. YOU WILL MAKE SOMEONE HAPPY THROUGH THE HOLIDAYS !

Local Church Holiday Celebrations

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DEC. 24 - 5 P.M. CHILDREN'S CHRISTMAS MASS
DEC. 25 - MASSES AT 7:30-9:-10:30 AND 12:15

CHURCH OF THE VISITACION
655 SUNNYDALE AVENUE, S.F.
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DEC. 25 - MASSES AT 8-9:15-11 (SPANISH) AND 12:15



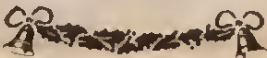
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DEC. 24 - MIDNIGHT MASS



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DEC. 24 - 10:30 P.M. FAMILY CHRISTMAS SERVICE



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PASTOR - REV. EAKIN
DEC. 21 - 10:30 A.M. CHRISTMAS SERVICE

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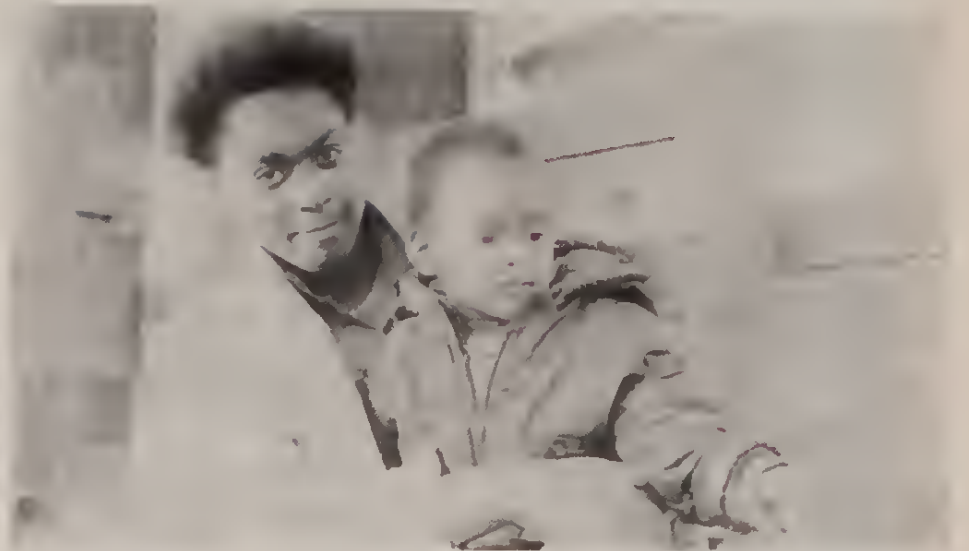
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DELARISA SMITH, 16, WITH SON, BRIAN FROM BALBOA/SAN MIGUEL

Teenage Pregnancy

Continued from Page 1

The Infant Center has a waiting list, like almost all of the over-worked providers of services to teen parents. If a teen is pregnant, however, and does not feel that she can continue attending her regular high school because of her pregnancy, there are a number of places she can continue her education, through the semester in which she delivers her baby.

There are three of these alternative high schools in San Francisco, Hilltop Special Services Center, Mt. Zion's Teenage Perinatal Care Program, and St. Elizabeth's Home for Unwed Mothers.

Besides school services, there are a variety of employment training programs that serve teens in San Francisco, and almost all of them will make special considerations for teen parents who are willing to work hard to learn to support themselves.

One of these programs, the Mayor's In School Youth Program, has a branch located in the Visitacion Valley Community Center. This program is specifically designed for a young person who wishes to finish high school and still receive job training. Liz Jackson, the counselor of the Visitacion Valley branch, says that priority is given to teens who have a low income, are in school with at least a "C" average, and are willing to work.

"Our program," adds Ms. Jackson, "provides the teens with skills to prepare

for a good job, encourages them to finish high school, puts them in contact with peers with like interests and provides them with money, so they can get off welfare and the support of their parents."

Young Community Developers is a similar organization, but has the attraction of having a shorter (and in some programs, nonexistent) waiting list to get in. In one program, their office and clerical training program, trainees receive a stipend for the four hours of daily training they receive, as well as a Fast Pass and free childcare. There are currently a few openings in this program.

Y.C.D. also sponsors the only program in San Francisco for teenage father. Called the Teenage Father's Responsibility and Support Program, this unique and long overdue resource for teen fathers, expectant fathers and "potential fathers" provides its participants with job, school, and parenting education and counseling.

Teen parents are, as a rule, underserved by the social services. While there are a few organizations and programs like these available to the most persistent teen, they are in constant danger of losing their funding and grants. Any volunteers or donations are always appreciated.

Terry Hollins is in charge of the T.F's.R.S.P. The most rewarding aspect of his involvement with the program, he says, is "just being able to help."

WHEN THE VALLEY WAS YOUNG

By Len Appiano

Visitacion Valley had already long begun to take shape when Minnie O'Sullivan arrived here in 1924 from her native County Cork, Ireland.

Families were moving into their homes every day, many of the new residents eventually finding employment at the nearby Southern Pacific train yards.

Three years later, she married her husband, a municipal employee, and settled on Desmond Street. They soon had three children.

While devoting herself to caring for her family, O'Sullivan also served her

community as a long-time member of the Visitacion Valley Improvement Association. She also assisted in various functions sponsored by the Church of the Visitacion.

As an active participant of the Visitacion Valley Community Center, she became a good friend of founder Florence Friedman.

O'Sullivan remembers the late valley educator's loving dedication to the betterment of her neighborhood.

"She was a wonderful person who always helped everybody. She always knew everybody by name."

JOIN THE VISITACION VALLEY IMPROVEMENT ASSOCIATION... THE CLUB THAT REPRESENTS ALL OF VISITACION VALLEY IN THE NEIGHBORHOOD AND AT CITY HALL. GROUP MEETS AT COMMUNITY CENTER THE 4TH FRIDAY OF EACH MONTH AT 7:30 P.M. THE MEETINGS ARE INFORMATIVE WITH SPEAKERS


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Grapevine Puzzler

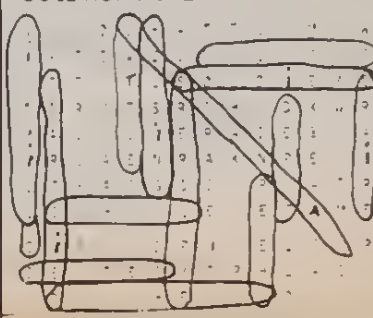
SOME VALLEY BUSINESSES By Anne Kaartunen

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DECEMBER

DEC. 7: St. James Presbyterian Church celebrates 80 years of service. Rededication at 10:30 a.m. Reception following.

DEC. 8: HOLIDAY SHOPPING TRIP FOR SENIORS TO SERRAMONTE. SENIOR ESCORT CALL 239-6233

DEC. 13: Community Music Center Christmas Party featuring the Ina Challis Opera Ensemble's Amahl and the Night Visitors, plus a visit from Santa Claus. Caroling and Refreshments.

11:30 a.m. to 1:00 p.m.
544 Capp Street - free.

DEC. 18: The San Francisco Community College Choral Union invites the public to a Christmas Concert at 12 noon in the City Hall Rotunda. The Union includes the Visitacion Valley Senior Chorus, St. Francis Meals Service Senior Chorus, Aquatic Park Senior Chorus, and El Bethel Arms Senior Chorus. Montford Caldwell, Director

DEC. 22: HOLIDAY SHOPPING TRIP FOR SENIORS. SENIOR ESCORT CALL 239-6233

VISITACION IMPROVEMENT ASSOCIATION MEETS 4TH FRIDAY EACH MONTH AT THE COMMUNITY CENTER 7:30 - 9:00 p.m. EVERYONE WELCOME - REFRESHMENTS

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V.V. GRAPEVINE Classified
50 Raymond Ave., SF 94134.

DEC. 30: Valley United at Community Center, 1:00 p.m. Planning for Spring Arts Festival, Street Fair & Parade. Everyone invited
Phone 467-6400

DEC. 31: New Years Eve Party for Singles at Pastor Jim Pittman's 295 Tocoloma Street. ALL SINGLES WELCOME CALL: 468-1784 or 467-6055

REMINDER: BINGO EVERY SUNDAY AT THE COMMUNITY CENTER. THE FRIENDLIEST, HIGH PAY GAME IN TOWN. Doors open 12:30, games begin at 2:00. BRING YOUR FRIENDS FOR A WINNING AFTERNOON!!

PLANT: Camellias, azaleas, rhododendrons, bulbs, annuals and perennials. Best days to plant top crops: 1st, 15th, 31st. Root crops: 16-30th, 22nd, 23rd, 26th. Flowers: 2, 8, 12, 13.

START IN FLATS: Chard, lettuce (leaf), rutabagus, spinach.

HARVEST: Best days for top crops, pick fruit: 12th, 13th, 16th, 17th 18th -23rd.

PLANT BULBS: Start forcing indoor bulbs for winter color - amaryllis, paper whites, hyacinths.

CLEAN-UP: rake leaves, pull out summer annuals, cut weeds, destroy pests. Best days: 19 -23, 30; Pruning 17, 18, 26, 27.

TRANSPLANT: Lettuce leaf and heading. Best days: 12, 13, 16-18, 26, 27.

FROST PROTECTION: Cover tender fushsias, hibiscus, paper plants, tender lettuce.

COMPOST: Turn and cover piles to keep from getting too wet during the winter rains.

PEST CONTROL: Snails, slugs, aphids. Best days: 17-23.

GIFTS: Remember fine gardening books, cards, calendars, dried herbs homemade cakes and cookies, dried fruit, seeds, tools and bouquets of flowers make fine Christmas presents.

SEASON'S GREETINGS

A THEATRE WORKS SHOW

For Friends & Neighbors!

**50 Raymond
1:30**

DEC. 22 - VVCC Members Only

DEC. 23 - Public Invited

Reservations: 467-6400 / 467-3075

Donations Welcome!

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SportScene

By Frank Oddo

The Valley is lucky to have a great human treasure packaged in the always smiling frame of Carlos Magana. Carlos is a student and teacher of the Oriental martial arts featuring the following different disciplines: 1) Shaolin Chuan fa (Kenpo) 2) tai chi chuan 3) tai chi chi and 4) chi Kung. Carlos began his studies 24 years ago under

the leadership of Ralph Castro. Mr. Castro, well known throughout the martial art world, combined Japanese and Chinese styles to create an original form which he brought to the Bay Area from Hawaii. The disciplines Carlos has mastered offers both the hard and soft styles of study meaning there is something for everybody no matter what the age or lifestyle.

The emphasis here is not merely on rigorous physical conditioning, but also on

developing your mental powers of concentration. Additionally, tai chi chi and tai chi chuan are the only disciplines that can actually exercise your internal organs, and develop your "intrinsic energy" leading to a perfect balance between mind and body.

What all this means in practical terms for you and me is that Mr. Magana has developed specially designed classes for all ages, lifestyles, and interests from youth classes, ages six and over to adult sessions to those in their golden years. A typical class for children and adults consists of warm-up, floor exercises, stretching, forms and tournament practice. There is a complete program

THE GRAPEVINE is proud to bring you SPORTSCENE, a regular feature highlighting what's going on locally in the world of sports. We use the broadest definition of sports possible from the most organized of team sports to also "SPOTLIGHT" interesting personalities who live and work in the Valley.

We encourage reader participation -- so if you have anything of interest you want publicized pertaining to sports contact Frank Oddo at (415)467-2600

involving the belt system (from white belt to black belt). Classes are offered at the Brisbane Community Center through the Recreation Department. For more information call 467-6330.

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COLORTX TOILET TISSUES—4 rolls 99¢ + tx

HAPPY HOLIDAYS

Store Hours 8:00 a.m. to 10:00 p.m.